

## **MAGiS Sundays**

MAGiS Sundays are a fortnightly gathering of young adults 18-30 years of age. MAGiS Sundays are about offering young adults the opportunity to:

- be part of a faith community
- deepen their relationship with God through community prayer
- explore personal life experiences using the tools of Ignatian Spirituality
- encounter networks to live a faith that does justice

A MAGiS Sunday meeting consists of:

- A shared meal, often prepared by a young adult
- Prayer with scripture and input on a particular topic related to one of the three MAGiS pillars: Spirituality, Service and Companionship. The prayer and input is lead by a different young adult at each meeting.
- MAGiS Circle - a small discussion group to break open the topic of the night and people's experiences over the last fortnight.

### **TIMELINE**

Gather and Dinner - Dining Room

Prayer and Input - Meditation Room

MAGiS Circles (at least 5 or more people in each group) -

MAGiS office and lounge room

Close